The Road ahead of the next cohort

Embarking on a 100-Day Conscious Business Coaching Journey (example of timings)

Self study on Kajabi tool

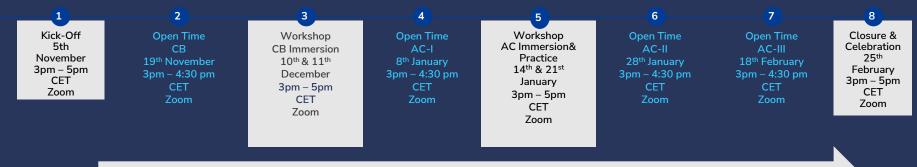
Conscious Business Embodiment

- Consciousness in business
- BEING level Mindsets
- DOING level Behaviors
- Emotional Mastery

Application Coaching Immersion

- Coaching framework
- Guided coaching practice

Practice with colleagues Real practices & report back



Group Coaching sessions in small groups (4 participants, 1 Coach/Mentor, 6 x 90 minutes)

Coaching chain as coaching practice: 10 sessions each way